

# UURROOSTER

MAANDAG	DINSDAG	WOENSDAG	DONDERDAG	VRIJDAG	ZATERDAG	ZONDAG
14.00 - 15.00 <b>BODY PUMP</b>	13.15 - 14.15 <b>SMALL GROUP TRAINING</b>	08.45 - 09.45 <b>BODY PUMP</b>	12.00 - 13.00 <b>SMALL GROUP TRAINING</b>	08.30 - 09.30 <b>BODY PUMP</b>	09.00 - 10.05 <b>VIRTUAL SKILLBIKE CLASS</b>	09.45 - 10.45 <b>BODY PUMP</b>
15.10 - 16.10 <b>BODY BALANCE</b>	18.00 - 19.00 <b>BODY PUMP</b>	10.00 - 11.00 <b>BODY BALANCE</b>	18.45 - 19.45 <b>BODY ATTACK</b>	09.45 - 10.45 <b>BODY BALANCE</b>	10.00 - 11.00 <b>BODY PUMP</b>	10.00 - 11.00 <b>BOOTCAMP</b>
15.15 - 16.15 <b>SMALL GROUP TRAINING</b>	19.15 - 20.15 <b>BODY STEP</b>	13.00 - 14.00 <b>SMALL GROUP TRAINING</b>	19.00 - 20.00 <b>BOOTCAMP</b> Y-MIND FACILITY	11.30 - 12.30 <b>SKILLBIKE CLASS</b>	11.00 - 11.30 <b>CORE WORKOUT</b>	10.45 - 11.45 <b>BODY STEP</b>
17.45 - 19.45 <b>SMALL GROUP TRAINING</b>	19.15 - 20.15 <b>BOOTCAMP</b> Y-MIND FACILITY	18.15 - 19.15 <b>BODY PUMP</b>	19.45 - 20.45 <b>BODY COMBAT</b>	13.00 - 14.00 <b>SMALL GROUP TRAINING</b>		11.00 - 12.00 <b>SKILLBIKE CLASS</b>
18.00 - 19.00 <b>BODY PUMP</b>	20.30 - 21.30 <b>BODY BALANCE</b>	18.15 - 19.15 <b>SKILLBIKE CLASS</b>	20.45 - 21.15 <b>CORE WORKOUT</b>	19.30 - 20.30 <b>BODY BALANCE</b>		11.00 - 12.00 <b>BOOTCAMP</b> LANGEMARK
18.15 - 19.15 <b>SKILLBIKE CLASS</b>		18.30 - 19.30 <b>BOOTCAMP</b> Y-MIND FACILITY		20.30 - 21.30 <b>BODY PUMP</b>		
19.15 - 20.15 <b>ZUMBA</b>		19.00 - 20.00 <b>BOOTCAMP</b> LANGEMARK				
20.30 - 21.30 <b>BODY PUMP</b>		19.30 - 20.00 <b>CORE WORKOUT</b>				
		20.00 - 21.00 <b>BOOTCAMP</b> LANGEMARK				
		20.00 - 20.30 <b>CORE WORKOUT</b>				
		20.45 - 21.45 <b>SKILLBIKE CLASS</b>				